

OCMS, NOMS AND SOMS LUNCH CYCLE MENU 2010-2011



On the Menu... Breakfast & Lunch Options Oldham County Schools 2010/2011



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of:	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée
8/16/2010	Pizza	Teriyaki Chicken	Vendor Pizza	Traveling Taco Bar	Nacho Grande
9/13/2010	Ravioli	Egg Roll	Bag Lunch or Yogurt	Cheese Bread Sticks w/Sauce	Pizzata
10/11/2010	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables
11/15/2010	Choice: Three Side items:	Choice: Three Side Items:	Choice: Three Side Items:	Choice: Three Side Items:	Choice: Three Side Items:
12/13/2010	Buttered Peas	Onion Rings	Tossed Salad	Refried Beans	Fiesta Corn
1/24/2011	Corn on the Cob	Stir Fry Veggies	Green Beans	California Vegetables	Baby Carrot w/ Dip
2/21/2011	Mashed Potatoes	Broccoli	Potato Wedge	Cheesy Potatoes	Brocc Con Queso
3/21/2011	Pineapple	Pear Halves	Applesauce	Orange Wedges	Peach Slices
4/25/2011	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Vanilla/Chocolate Pudding	Chocolate Chip Cookie, WG	Jell-O w/ Topping	L.F. Brownie	Spanish Rice
Week of:	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée
8/23/2010	Bruschetta	Meatball Sliders	Vendor Pizza	Spaghetti w/ Meatballs	Burrito w/ Salsa
9/20/2010	Chicken Tenders	Turkey Wrap	Bag Lunch or Yogurt	Ham & Cheese on WG Bread	Rib-Que on Bun
10/25/2010	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables
11/22/2010	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:
1/3/2011	Mashed Potatoes	Veggie Pasta Salad	Potato Wedge	Glazed Carrots	Refried Beans
1/31/2011	Green Beans	Onion Rings	Tossed Salad	Buttered Broccoli	Black Bean Salsa
2/28/2011	Pinto Beans	Broccoli & Cheese	Baked Beans	Mashed Potatoes	Potato Rounds
3/28/2011	Pineapple	Apple Wedges	Sliced Peaches	Orange Wedges	Applesauce
5/2/2011	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Rice Pilaf	Macaroni & Cheese	Chocolate Chip Cookie, WG	Vanilla/Chocolate Pudding	Fritos
Week of:	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée
8/30/2010	Pork BBQ on Bun	Chicken Parmesan	Vendor Pizza	Breakfast: Eggs & Gravy	Chicken Fajita
9/27/2010	Quesadilla	Pizzata	Bag Lunch or Yogurt	Sausage or Chik Brkfst Patty	Ham Wrap
11/1/2010	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables
11/29/2010	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:
1/10/2011	Mashed Potatoes	Brocc Con Queso	Tossed Salad	Hash brown Potatoes	Cheesy Potatoes
2/7/2011	Seasoned Peas	Glazed Carrots	Corn on the Cob	Baked Apples	Fresh Veggies/Dip
3/7/2011	Sliced Peaches	Onion Rings	Potato Wedge	Orange Wedges	Green Beans
4/11/2011	Baked Apples	Pears	Applesauce	Sliced Peaches	Pineapple
5/9/2011	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Oatmeal Cookie, WG	Cake w/ Icing	Soft Pretzel	Biscuit	Fruit Crisp
Week of:	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée	Choice of One Entrée
9/6/2010	Chicken Basket	Penne Pasta	Vendor Pizza	Spaghetti w/ Meat Sauce	Ribettes w/ Corn Bread
10/4/2010	Cheesy Flatbread	Hot Dog w/ Chili on Bun	Bag Lunch or Yogurt	Quesadilla	Corn Dog
11/8/2010	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables	PB&J Uncrustables
12/6/2010	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:	Choice: Three Side items:
1/17/2011	Limas & Corn	Mashed Potatoes	Potato Wedge	Buttered Broccoli	Cole Slaw
2/14/2011	Potato Rounds	Green Beans	Tossed Salad	Cheesy Potatoes	Baked Beans
3/14/2011	Peas	Fresh Veggies w/ Dip	Corn	Northern Beans	Buttered Potatoes
4/18/2011	Applesauce	Mandarin Oranges	Mixed Fruit	Apple Wedges	Sliced Peaches
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Buttered Noodles	Hot WG Roll	Cake w/ Icing	Hot WG Roll	Fruit Crisp
Supper Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Closed
	Fresh Hot Soup	Fresh Hot Soup	Fresh Hot Soup	Fresh Hot Soup	

****Fixings Bar Daily: Lettuce, Pickle Slices, Onions, Tomatoes (in season) Mustard, Ketchup & Mayo

GRILL LINE 1	Chicken Patty/Bun (spicy or regular)	Spud Bar	Vendor Pizza	Chicken Snack Wrap	Chicken Basket
	(spicy or regular)	Baked Potato or Salad	Bag Lunch or Yogurt	Mashed Potatoes w/ gravy	French Fries or Fruit
	Spicy Fries or Fruit		French Fries or Fruit		
	Fixings Bar	Fixings Bar	Fixings Bar	Fixings Bar	Fixings Bar

CHOICE OF 2%, 1% AND FAT FREE MILK OFFERED DAILY W/ MEALS
HAMBURGER / CHEESEBURGER OFFERED DAILY

BREAKFAST CYCLE MENU						
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ONE	French Toast Sticks (4)	Sausage Biscuit	Poptart & Muffin	Biscuit & Gravy	Home-style Donut	
	OR	OR	OR	OR	OR	
	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	
WEEK TWO	Pancake Burst	Breakfast Pizza	Sausage/Pancake on Stick	Breakfast Chicken & Biscuit	Home-style Donut	
	OR	OR	OR	OR	OR	
	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	

Plus your choice of: Assorted Juice or Fruit and Assorted Milk

Children who are hungry find it hard to stay alert and participate in their classroom experience. The School Breakfast Program helps close the 'readiness gap' with nutritious foods in a cost effective manner. Choose Grab & Go breakfast as you enter the school doors each morning!

***Last two weeks of school will be "Manager's Choice", menus posted at school
****School lunches provide 1/3 and school breakfasts provide 1/4 of the Daily Recommended Allowances

****Pre-payment of meals is strongly encouraged
In order to close out accounts for the school year, NO CHARGES on accounts will be allowed the last two weeks of school.

Please visit us at:
www.oldham.kyschools.us

	LUNCH PRICES:	BREAKFAST PRICES	EXTRAS SOLD FROM MENU ITEMS:
STUDENT, FULL PAID	\$2.00	\$1.00	MEAT/ENTRÉE \$1.65
STUDENT, REDUCED PAID	\$0.40	\$0.30	VEGETABLE/FRUIT/SOUP \$1.15
STUDENT, FREE	\$0.00	\$0.00	MILK \$0.40
			SERVING OF BREAD \$0.60
ADULTS/TEACHERS	\$2.75	\$1.25	COOKIE/DESSERT \$0.30

We are located under "Department" heading and you can review the following information;
* Nutrition and Physical Activity Report Card *Menu Price List *Products Ingredient & Nutrition Info
*Guidelines for Competitive Food and Beverage Sales *Cost of Operation *Meal Charge Policy
*LunchBox, on-line Student Account *Nutrition Info *e--Funds, on-line Banking Viewing

Oldham County School Foodservice on Facebook!

(Menu subject to change)

